## Cameroon

# **Epidemiological Fact Sheet**

on HIV/AIDS and sexually transmitted infections



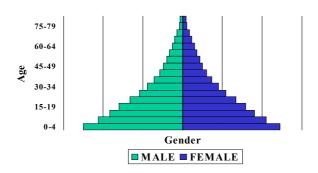
## 2000 Update





#### **Country Information**

## Population pyramid, 1999



Indicators	Year	Estimate	Source
Total Population (thousands)	1999	14,693	UNPOP
Population Aged 15-49 (thousands)	1999	6,713	UNPOP
Annual Population Growth	1990-1998	2.8	UNPOP
% of Population Urbanized	1998	46	UNPOP
Average Annual Growth Rate of Urban Population	1990-1998	4.4	UNPOP
GNP Per Capita (US\$)	1997	620	World Bank
GNP Per Capita Average Annual Growth Rate	1996-1997	1.7	World Bank
Human Development Index Rank (HDI)	1999	134	UNDP
% Population Economic Active			
Unemployment Rate			
Total Adult Literacy Rate	1995	63	UNESCO
Adult Male Literacy Rate	1995	75	UNESCO
Adult Female Literacy Rate	1995	52	UNESCO
Male Secondary School Enrollment Ratio	1996	30.3	UNESCO
Female Secondary School Enrollment Ratio	1996	20.6	UNESCO
Crude Birth Rate (births per 1,000 pop.)	1999	39	UNPOP
Crude Death Rate (deaths per 1,000 pop.)	1999	13	UNPOP
Maternal Mortality Rate (per 100,000 live births)	1990	550	WHO
Life Expectancy at Birth	1998	55	UNPOP
Total Fertility Rate	1998	5.3	UNPOP
Infant Mortality Rate (per 1,000 live births)	1999	72	UNICEF/UNPOP

#### UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance

Global Surveillance of HIV/AIDS and sexually transmitted infections (STIs) is a joint effort of WHO and UNAIDS. The UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance, initiated in November 1996, guides respective activities. The primary objective of the working group is to strengthen national, regional and global structures and networks for improved monitoring and surveillance of HIV/AIDS and STIs. For this purpose, the working group collaborates closely with national AIDS programmes and a number of national and international experts and institutions. The goal of this collaboration is to compile the best information available and to improve the quality of data needed for informed decisionmaking and planning at national, regional and global levels. The Epidemiological Fact Sheets are one of the products of this close and fruitful collaboration across the globe

The working group and its partners have established a framework standardizing the collection of data deemed important for a thorough understanding of the current status and trends of the epidemic, as well as patterns of risk and vulnerability in the population. Within this framework, the Fact Sheets collate the most recent country-specific data on HIV/AIDS prevalence and incidence, together with information on behaviours (e.g. casual sex and condom use) which can spur or stem the transmission of HIV.

Not unexpectedly, information on all of the agreedupon indicators was not available for many countries in 1999. However, these updated Fact Sheets do contain a wealth of information which allows identification of strengths in currently existing programmes and comparisons between countries and regions. The Fact Sheets may also be instrumental in identifying potential partners when planning and implementing improved surveillance systems.

The fact sheets can be only as good as information made available to the UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance. Therefore, the working group would like to encourage all programme managers as well as national and international experts to communicate additional information to the working group whenever such information becomes available. The working group also welcomes any suggestions for additional indicators or information proven to be useful in national or international decision-making and planning.

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http://www.unaids.org

#### Estimated number of people living with HIV/AIDS

In 1999 and during the first quarter of 2000, UNAIDS and WHO worked closely with national governments and research institutions to recalculate current estimates on people living with HIV/AIDS. These calculations are based on the previously published estimates for 1997 and recent trends in HIV/AIDS surveillance in various populations. A methodology developed in collaboration with an international group of experts was used to calculate the new estimates on prevalence and incidence of HIV and AIDS deaths, as well as the number of children infected through mother-to-child transmission of HIV. Different approaches were used to estimate HIV prevalence in countries with low-level, concentrated or generalized epidemics. The current estimates do not claim to be an exact count of infections. Rather, they use a methodology that has thus far proved accurate in producing estimates that give a good indication of the magnitude of the epidemic in individual countries. However, these estimates are constantly being revised as countries improve their surveillance systems and collect more information.

Adults in this report are defined as women and men aged 15 to 49. This age range covers people in their most sexually active years. While the risk of HIV infection obviously continues beyond the age of 50, the vast majority of those who engage in substantial risk behaviours are likely to be infected by this age. The 15 to 49 age range was used as the denominator in calculating adult HIV prevalence.

#### ☐ Estimated number of adults and children living with HIV/AIDS, end of 1999

These estimates include all people with HIV infection, whether or not they have developed symptoms of AIDS, alive at the end of 1999

Adults and children	540000		
Adults (15-49)	520000	Adult rate (%)	7.73
Women (15-49)	290000		
Children (0-14)	22000		

#### □ Estimated number of deaths due to AIDS

Estimated number of adults and children who died of AIDS since the beginning of the epidemic

Cumulative deaths 340000

Estimated number of adults and children who died of AIDS during 1999:

Deaths in 1999 52000

#### □ Estimated number of orphans

Estimated number of children who have lost their mother or both parents to AIDS (while they were under the age of 15) since the beginning of the epidemic:

Cumulative orphans 270000

Estimated number of children who have lost their mother or both parents to AIDS and who were alive and under age 15 at the end of 1999:

Current living orphans 181344

#### Assessment of epidemiological situation – Cameroon

HIV seroprevalence information among antenatal clinic attenders is available since the late-1980s from Cameroon. In Cameroon, Yaoundè and Douala are the major urban areas. HIV prevalence among antenatal women tested in the major urban areas increased from 1 percent in the late-1980s to 4 percent in 1994. In 1995, 3 percent of antenatal women tested in Yaoundé were HIV positive. In 1996, 5 percent of antenatal women tested in Douala and Yaoundè were HIV positive. Outside of the major urban areas, HIV information is available from Bamenda, Bertoua, Garoua, Limbe, Kumba, and other areas. HIV prevalence among antenatal women tested has increased from less than 1 percent in 1989 to 8 percent in 1996. In 1996, prevalence ranged from 3 to 11 percent.

HIV prevalence among sex workers tested in the major urban areas increased from 6 percent in 1987 to nearly 30 percent in 1993 [HIV information for 1992 includes HIV-2.] In 1994 and 1995, 21 and 17 percent of sex workers tested were HIV positive. In 1986, one percent of sex workers tested in Ngaoundere and Nkongsamba were HIV positive. In 1990-91, six percent of sex workers tested in Bamenda and Edea were HIV positive. In Yaoundé, HIV prevalence increased among STD clinic patients tested from 5 percent in 1992 to 16 percent in 1996. Outside of the major urban areas, HIV prevalence among STD clinic patients tested in 6 sites had reached 8 percent in 1992. In 1994, 9 percent of patients tested in Banka were HIV positive.

In 1993 and 1994, 15 percent of truck drivers tested in Douala tested positive for HIV infection. A similar study conducted in Southwest and Littoral found 17 percent of truck drivers positive for HIV infection. In 1996, 15 percent of military personnel tested were HIV positive.

#### 4 - Cameroon

#### **HIV** sentinel surveillance

This section contains information about HIV prevalence in different populations. The data reported in the tables below are mainly based on the HIV data base maintained by the United States Bureau of the Census where data from different sources, including national reports, scientific publications and international conferences is compiled. To provide for a simple overview of the current situation and trends over time, summary data are given by population group, geographical area (Major Urban Areas versus Outside Major Urban Areas), and year of survey. Studies conducted in the same year are aggregated and the median prevalence rates (in percentages) are given for each of the categories. The maximum and minimum prevalence rates observed, as well as the total number of surveys/sentinel sites, are provided with the median, to give an overview of the diversity of HIV-prevalence results in a given population within the country. Data by sentinel site or specific study on which the medians were calculated are printed at the end of this fact sheet.

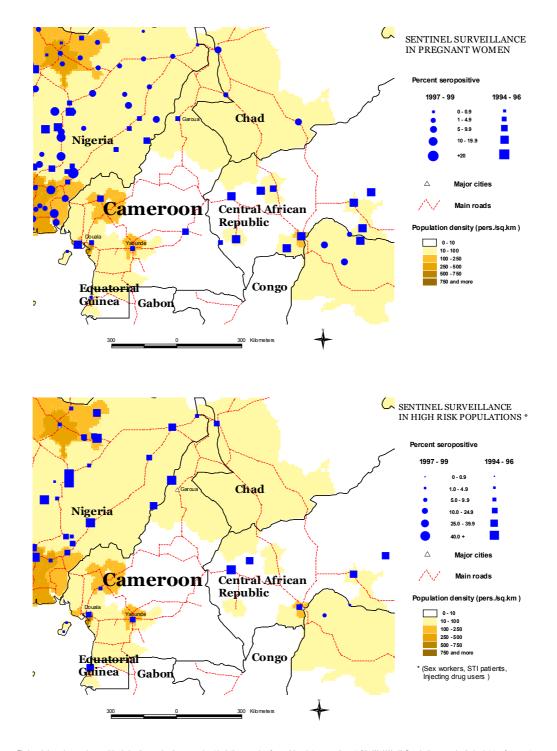
The differentiation between the two geographical areas Major Urban Areas and Outside Major Urban Areas is not based on strict criteria, such as the number of inhabitants. For most countries, Major Urban Areas were considered to be the capital city and – where applicable – other metropolitan areas with similar socio-economic patterns. The term Outside Major Urban Areas considers that most sentinel sites are not located in strictly rural areas, even if they are located in somewhat rural districts.

☐ HIV prevalence in selected populations in percent (for blood donors: 1/100 000)

Pregnant women Outsi  Group  Sex workers M  Sex workers Outsi  Group  Injecting drug users Outsi  Group  Injecting drug users Outsi	Major Urban Areas  Area  Major Urban Areas  Area  Major Urban Areas  Area  Major Urban Areas  Area  Major Urban Areas	N-sites Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum Median Maximum Median Maximum M-sites Minimum Median Maximum M-sites Minimum Median	1984	1985	1986 2 0.7 1 1.3 1986	1987 1 6 6 6 6	1 1.5 1.5 1.5 1.5 2 5.3 5.45 5.6	4 0.2 0.8 1.1 4 0 0.5 1 1989	2 1.1 1.2 1.3 2 0.7 0.9 1.1 1990	2 1.6 1.85 2.1 4 2 3.5 6.2 1991 2 2.8 6.3 9.8 1991	4 1 1.8 2.4 7 1.1 2.5 7.9 1992 2 26.6 36 45.3	2 1.3 3 4.7 3 3 4.1 7.8 1993 2 23 29 35	2 3 4.35 5.7 4 2.6 5.45 10.6 1994 1 21.2 21.2 21.2	1 2.7 2.7 4 3.4 6.4 7.8 1995 2 15.2 16.5 17.7	2 4.5 4.65 4.8 4 3.3 7.75 11.2 1996	1997	1998
Group  Sex workers  N  Sex workers  Outsi  Group  Injecting drug users  Injecting drug users  Outsi  Group	Area Major Urban Areas side Major Urban Areas Area Major Urban Areas	Median Maximum N-sites Minimum Median Maximum			2 0.7 1 1.3	1 6 6 6	1.5 1.5 1988 2 5.3 5.45 5.6	0.8 1.1 4 0 0.5 1	1.2 1.3 2 0.7 0.9 1.1 1990	1.85 2.1 4 2 3.5 6.2 1991 2 2.8 6.3 9.8	1.8 2.4 7 1.1 2.5 7.9 1992 2 26.6 36 45.3	3 4.7 3 3 4.1 7.8 1993 2 23 29 35	4.35 5.7 4 2.6 5.45 10.6 1994 1 21.2 21.2 21.2	2.7 2.7 4 3.4 6.4 7.8 1995 2 15.2 16.5 17.7	4.65 4.8 4 3.3 7.75 11.2		
Group  Sex workers	Area Major Urban Areas side Major Urban Areas Area Major Urban Areas	Maximum N-sites Minimum Median Maximum			2 0.7 1 1.3	1 6 6 6	1.5 1988 2 5.3 5.45 5.6	1.1 4 0 0.5 1	1.3 2 0.7 0.9 1.1 1990	2.1 4 2 3.5 6.2 1991 2 2.8 6.3 9.8	2.4 7 1.1 2.5 7.9 1992 2 26.6 36 45.3	4.7 3 3 4.1 7.8 1993 2 23 29 35	5.7 4 2.6 5.45 10.6 1994 1 21.2 21.2 21.2	2.7 4 3.4 6.4 7.8 1995 2 15.2 16.5 17.7	4.8 4 3.3 7.75 11.2		
Group  Sex workers  N  Sex workers  Outsi  Group  Injecting drug users  Injecting drug users  Outsi  Group	Area Major Urban Areas side Major Urban Areas Area Major Urban Areas	N-sites Minimum Median Maximum  N-sites Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum  N-sites Minimum Median Median Median Median Median Minimum Median Minimum Median Minimum N-sites Minimum			2 0.7 1 1.3	1 6 6 6	1988 2 5.3 5.45 5.6	4 0 0.5 1 1989	2 0.7 0.9 1.1 1990	4 2 3.5 6.2 1991 2 2.8 6.3 9.8	7 1.1 2.5 7.9 1992 2 26.6 36 45.3	3 3 4.1 7.8 1993 2 23 29 35	4 2.6 5.45 10.6 1994 1 21.2 21.2 21.2	4 3.4 6.4 7.8 1995 2 15.2 16.5 17.7	4 3.3 7.75 11.2 1996		
Group  Sex workers  N  Sex workers  Outsi  Group  Injecting drug users  Injecting drug users  Outsi  Group	Area Major Urban Areas side Major Urban Areas Area Major Urban Areas	Minimum Median Maximum  N-sites Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum  N-sites Minimum Median Maximum N-sites Minimum			2 0.7 1 1.3	1 6 6 6	2 5.3 5.45 5.6	0 0.5 1 1989	0.7 0.9 1.1 1990	2 3.5 6.2 1991 2 2.8 6.3 9.8	1.1 2.5 7.9 1992 2 26.6 36 45.3	3 4.1 7.8 1993 2 23 29 35	2.6 5.45 10.6 1994 1 21.2 21.2 21.2	3.4 6.4 7.8 1995 2 15.2 16.5 17.7	3.3 7.75 11.2 1996		
Sex workers Outsi  Sex workers Outsi  Group  Injecting drug users Nutsi  Group  Group	Major Urban Areas side Major Urban Areas Area Major Urban Areas	Median Maximum  N-sites Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median			2 0.7 1 1.3	1 6 6 6	2 5.3 5.45 5.6	0.5 1 1989	0.9 1.1 1990	3.5 6.2 1991 2 2.8 6.3 9.8	2.5 7.9 1992 2 26.6 36 45.3	4.1 7.8 1993 2 23 29 35	5.45 10.6 1994 1 21.2 21.2 21.2	6.4 7.8 1995 2 15.2 16.5 17.7	7.75 11.2 1996		
Sex workers Outsi  Sex workers Outsi  Group  Injecting drug users Nutsi  Group  Group	Major Urban Areas side Major Urban Areas Area Major Urban Areas	N-sites Minimum Median Maximum N-sites Minimum Median Maximum Median Maximum N-sites Minimum Median			2 0.7 1 1.3	1 6 6 6	2 5.3 5.45 5.6	1 1989	1.1	6.2 1991 2 2.8 6.3 9.8	7.9 1992 2 26.6 36 45.3	7.8 1993 2 23 29 35	10.6 1994 1 21.2 21.2 21.2	7.8 1995 2 15.2 16.5 17.7	11.2 1996		
Sex workers Outsi  Group  Injecting drug users Outsi  Group  Group	Major Urban Areas side Major Urban Areas Area Major Urban Areas	N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum Minimum Minimum Minimum Minimum Minimum Minimum			2 0.7 1 1.3	1 6 6 6	2 5.3 5.45 5.6	1989	1990	1991 2 2.8 6.3 9.8	1992 2 26.6 36 45.3	1993 2 23 29 35	1994 1 21.2 21.2 21.2	1995 2 15.2 16.5 17.7	1996		
Sex workers Outsi  Group  Injecting drug users Outsi  Group  Group	Major Urban Areas side Major Urban Areas Area Major Urban Areas	Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Meximum N-sites Minimum N-sites			2 0.7 1 1.3	1 6 6 6	2 5.3 5.45 5.6			2 2.8 6.3 9.8	2 26.6 36 45.3	2 23 29 35	1 21.2 21.2 21.2	2 15.2 16.5 17.7			
Sex workers Outsi  Group  Injecting drug users M  Injecting drug users Outsi  Group	side Major Urban Areas Area Major Urban Areas	Minimum Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Meximum N-sites Minimum N-sites	1984	1985	0.7 1 1.3	6 6	5.3 5.45 5.6	1989	1990	2.8 6.3 9.8	26.6 36 45.3	23 29 35	21.2 21.2 21.2	15.2 16.5 17.7	1996	1997	1998
Group Injecting drug users Injecting drug users Outsi	Area Major Urban Areas	Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum  N-sites Minimum N-sites Minimum	1984	1985	0.7 1 1.3	6	5.45 5.6	1989	1990	2.8 6.3 9.8	36 45.3	29 35	21.2 21.2	16.5 17.7	1996	1997	1998
Group Injecting drug users Injecting drug users Outsi	Area Major Urban Areas	Median Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum  N-sites Minimum N-sites Minimum	1984	1985	0.7 1 1.3	6	5.45 5.6	1989	1990	2.8 6.3 9.8	36 45.3	29 35	21.2 21.2	16.5 17.7	1996	1997	1998
Group Injecting drug users Injecting drug users Outsi	Area Major Urban Areas	Maximum N-sites Minimum Median Maximum  N-sites Minimum Median Maximum N-sites Minimum N-sites Minimum	1984	1985	0.7 1 1.3	6	5.6	1989	1990	2.8 6.3 9.8	45.3	35	21.2	17.7	1996	1997	1998
Group Injecting drug users Injecting drug users Outsi	Area Major Urban Areas	N-sites Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum	1984	1985	0.7 1 1.3			1989	1990	2.8 6.3 9.8					1996	1997	1998
Group Injecting drug users Injecting drug users Outsi	Area Major Urban Areas	Minimum Median Maximum N-sites Minimum Median Maximum N-sites Minimum	1984	1985	0.7 1 1.3	1987	1988	1989	1990	2.8 6.3 9.8	1992	1993	1994	1995	1996	1997	1998
Injecting drug users M Injecting drug users Outsi Group	Major Urban Areas	Median Maximum N-sites Minimum Median Maximum N-sites Minimum	1984	1985	1 1.3	1987	1988	1989	1990	6.3 9.8	1992	1993	1994	1995	1996	1997	1998
Injecting drug users M Injecting drug users Outsi Group	Major Urban Areas	Maximum  N-sites Minimum  Median  Maximum  N-sites Minimum	1984	1985	1.3	1987	1988	1989	1990	9.8	1992	1993	1994	1995	1996	1997	1998
Injecting drug users M Injecting drug users Outsi Group	Major Urban Areas	N-sites Minimum Median Maximum N-sites Minimum	1984	1985		1987	1988	1989	1990		1992	1993	1994	1995	1996	1997	1998
Injecting drug users M Injecting drug users Outsi Group	Major Urban Areas	Minimum Median Maximum N-sites Minimum	1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
Injecting drug users Outsi		Minimum Median Maximum N-sites Minimum															
Group	side Major Urban Areas	Median Maximum N-sites Minimum															
Group	side Major Urban Areas	Maximum N-sites Minimum															
Group	side Major Urban Areas	N-sites Minimum															
Group	side Major Urban Areas	Minimum															
· · · · · · · · · · · · · · · · · · ·																	
		Median															
		Maximum															
STI patients	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
	Major Urban Areas	N-sites							4		1	1	1		1		
		Minimum							2.1		4.7	5	5.4		16		
		Median							2.5		4.7	5	5.4		16		
		Maximum							10.9		4.7	5	5.4		16		
STI patients Outsi	side Major Urban Areas	N-sites						2	1		6		1				
on patients	sao major orban 7 a cac	Minimum						1.2	1.3		4.3		9				
		Median						2.1	1.3		8.4		9				
		Maximum						3	1.3		11.4		9				
Croup	Aron	Waximum	1984	1005	1986	1097	1000			1991		1993	1994	1995	1996	1007	1998
Group	Area	NI sites	1964	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
Blood Donors	National	N-sites															
		Minimum															
		Median															
		Maximum															
Blood Donors N	Major Urban Areas	N-sites															
		Minimum															
		Median															
		Maximum															
Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
Men having sex with	Major Urban Areas	N-sites															
men		Minimum															
		Median															

## Maps of HIV sentinel sites

Mapping the geographical distribution of HIV sentinel sites for different population groups may assist interpreting both the national coverage of the HIV surveillance system and explaining differences in levels and trends of prevalence. The UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance, in collaboration with the UNICEF/WHO HealthMap Programme, has produced maps showing the location and HIV prevalence of HIV sentinel sites in relation to population density, major urban areas and communication routes. Maps illustrate separately the most recent results from HIV sentinel surveillance in pregnant women and in sub-populations at higher risk of HIV infection.



The boundaries and names shown and the designations used on these maps do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted lines on maps represent approximate border lines for which there may not yet be full agreement. WHO 2000, all rights reserved.

## **Reported AIDS cases**

Date of last report: 29/Oct/99

#### AIDS cases by year of reporting

0

Hetero

IDU

Blood

Homo/Bi

Perinatal

Unknown

Total

Hetero

IDU

Blood

Perinatal

Unknown

Total

Hetero

IDU

Blood

Perinatal

Unknown

Other Known

Other Known

Female

NS

Other Known

Date of last rep	port. 29/Oct/99	Aids cases by age and sex									
Following MU	O and LINAIDS recommendations. AIDS cope reporting is corried out in	Aids	s case	s by	age a	nd se	ex				
•	O and UNAIDS recommendations, AIDS case reporting is carried out in . Data from individual AIDS cases is aggregated at the national level and	Sex	Age	<96	1996	1997	1998	1999	Unkn.	Total	%
			All	8141	1485	3950	5410				
	However, case reports come from surveillance systems of varying quality.		0-4				63				
	s vary substantially from country to country and low reporting rates are		5-9				6				
	leveloping countries due to weaknesses in the health care and		10-14				13				
	al systems. In addition, countries use different AIDS case definitions. A		15-19				25				
	stage of AIDS case reporting is that it only provides information on		20-24				92				
	patterns and levels of infection approximately 5-10 years in the past,		25-29				134				
limiting its uset	fulness for monitoring recent HIV infections.		30-34				146				
D	AIDO		35-39				116				
•	caveats, AIDS case reporting remains an important advocacy tool and		40-44				81				
	timating the burden of HIV-related morbidity as well as for short-term		45-49				68				
	alth care services. AIDS case reports also provide information on the		50-54				48				
• .	and geographic characteristics of the affected population and on the		55-59				0				
•	ance of the various exposure risks. In some situations, AIDS reports can		60+				3				
be used to est	imate earlier HIV infection patterns using back-calculation. AIDS case										
reports and AII	OS deaths have been dramatically reduced in industrialized countries with	Mala	NS		050	4000	4615				
the introduction	Male	All		653	1903	2212					
			0-4				23				
			5-9				4				
AIDS cases	s by mode of transmission		10-14				7				
	•		15-19				6				
	Hatana Hatana and and are		20-24				39				
	Hetero: Heterosexual contacts.		25-29				61				
	Homo/Bi: Homosexual contacts between men.		30-34				79				
	IDU: Injecting drug use. This transmission category also includes cases in which other high-risk behaviours were reported, in addition		35-39				80				
	to injection of drugs.		40-44				46				
	Blood: Blood and blood products.		45-49				42				
	Perinatal: Vertical transmission during pregnancy, birth or breastfeeding.		50-54				25				
	NS: Not specified/unknown.		55-59				0				
	•		60+				1				
Sex	Trans. Group <96 1996 1997 1998 1999 Unkn Total %		NS				1799				
All	Total	Female	: All		832	2047	2310				
	Hetero		0-4				40				
	Homo/Bi		5-9				2				
	IDU		10-14				6				
	Blood		15-19				19				
	Perinatal		20-24				53				
	Other Known		25-29				73				
	Unknown		30-34				67				
Male	Total		35-39				36				
iviaic	i otal		33-39				50				

40-44

45-49

50-54

55-59

60+

NS

All

0-4

5-9

10-14

15-19

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60+

NS

NS

35

26

23

0

2

1928

888

0

0

0

0

0

1

0

0

0

0

0

0

886

 1982
 1983
 1984
 1985
 1986
 1987
 1988
 1989
 1990
 1991
 1992
 1993
 1994
 1995
 1996
 1997
 1998

 0
 0
 0
 0
 21
 20
 33
 60
 183
 604
 1308
 1385
 1761
 2766
 1485
 3950
 5410

1999

18986

#### **Curable Sexually Transmitted Infections (STIs)**

The predominant mode of transmission of both HIV and other STIs is sexual intercourse. Measures for preventing sexual transmission of HIV and STI are the same, as are the target audiences for interventions. In addition, strong evidence supports several biological mechanisms through which STI facilitate HIV transmission by increasing both HIV infectiousness and HIV susceptibility. Significant also is the observation of a sharp decline in the concentration of HIV in the genital secretions when the infection is treated. Monitoring trends in STI can provide valuable information on the sexual transmission of HIV as well as the impact of behavioural interventions, such as promotion of condom use.

Clinical services offering STI care are an important access point for people at high risk for both AIDS and STI, not only for diagnosis and treatment but also for information and education. Therefore, control and prevention of STI have been recognized as a major strategy in the prevention of HIV infection and ultimately AIDS. One of the cornerstones of STI control is adequate management of patients with symptomatic STIs. This includes diagnosis, treatment and individual health education and counselling on disease prevention and partner notification. Consequently, monitoring different components of STI control can also provide information on HIV prevention within a country.

□ <u>Estima</u>	ated incidence and p	revalence of	curable STIs					
		Incid	lence			Pre	valence	
STI's	Year	Male	Female	All	Year	Male	Female	All
Chlamydia t	rach.							
Gonorrhoea								
Syphilis								
Trichomona	S							
Comments:								
Source:								
□ <u>STI Inc</u>	cidence, men							
Prevention I	Indicator 9: Proportion	of men aged	15-49 years w	ho reported e	pisodes of ure	ethritis in t	the last 12 mont	hs.
	Year	Area		Age	R	late	N=	
Comments: Sources:								
□ STI Pre	evalence, women							
	·							
	Indicator 8: Proportior e serology for syphilis.		omen aged 1	5-24 years att	ending antena	atal clinics	s whose blood h	as been screene
	Year	Area		Age	R	late	N=	
Comments: Sources:								
□ STI Ca	se management (co	unselled)						
	Indicator 7: Proportion on partner notification		senting with S	TI or for STI o	care in health t	facilities v	vho received bas	sic advice on
	Year	Area		Age	R	late	N=	
Comments:								
Sources:								
□ STI Ca	se management (tre	eatments)						
	Indicator 6: Proportior o national standards)		senting with S	TI in health fa	icilities assess	sed and tr	eated in an appi	opriate way
	Year	Area		Age	R	ate	N=	
Comments:								
Sources:								

#### 8 - Cameroon

#### **Health service indicators**

HIV prevention strategies depend on the twin efforts of care and support for those living with HIV or AIDS, and targeted prevention for all people at risk or vulnerable to the infection. These efforts may range from reaching out to vulnerable communities through large-scale educational campaigns or interpersonal communication; provision of treatment for STIs; distribution of condoms and needles; creating and enabling environment to reduce risky behaviour; providing access to voluntary testing and counselling; home or institutional care for persons with symptomatic HIV infection; and preventing perinatal transmission and transmission through infected needles or blood in health care settings. It is difficult to capture such a large range of activities with one or just a few indicators. However, a set of well-established health care indicators – such as the percentage of a population with access to health care services; the percentage of women covered by antenatal care; or the percentage of immunized children – may help to identify general strengths and weaknesses of health systems. Specific indicators, such as access to testing and blood screening for HIV, help to measure the capacity of health services to respond to HIV/AIDS – related issues.

#### □ Access to health care

Indicators	Year	Estimate	Source
% of population with access to health services – total:			
% of population with access to health services – urban:			
% of population with access to health services – rural:			
Contraceptive prevalence rate (%):	1990-1999	19	UNICEF/UNPOP
% of births attended by trained health personnel:	1990-1999	58	UNICEF
% of 1-yr-old children fully immunized – DPT:	1995-1998	46	UNICEF
% of 1-yr-old children fully immunized – Polio:	1995-1998	42	UNICEF
% of 1-yr-old children fully immunized – Measles:	1995-1998	44	UNICEF
Proportion of blood donations tested:			
% of ANC clinics where HIV testing is available:			
HIV/AIDS Hospital Occupancy Rate (Days):			

Male and female condoms are the only technology available that can prevent sexual transmission of HIV and other STIs. Persons exposing themselves to the risk of sexual transmission of HIV should have consistent access to high quality condoms. AIDS Programmes implement activities to increase both availability of and access to condoms. The two condom availability indicators below are intended to highlight areas of strength and weakness at the beginning and end of the distribution system so that programmatic resources can be directed appropriately to problem areas.

#### □ Condom availability (central level)

Prevention Indicator 2: Availability of condoms in the country over the last 12 months (central level).

	Year	Area	N	Rate					
Comments:									
Sources:									
☐ Condom av	vailability (periphe	ral level)							
Prevention Indicator 3: Proportion of people who can acquire a condom (peripheral level).									
Prevention Indica	ator 3: Proportion o	f people who can acquire a co	ndom (peripheral level).						

Comments: Sources:

#### Knowledge and behaviour

In most countries the HIV epidemic is driven by behaviours (e.g.: multiple sexual partners, intravenous drug use) that expose individuals to the risk of infection. Information on knowledge and on the level and intensity of risk behaviour related to HIV/AIDS is essential in identifying populations most at risk for HIV infection and in better understanding the dynamics of the epidemic. It is also critical information in assessing changes over time as a result of prevention efforts. One of the main goals of the 2<sup>nd</sup> generation HIV surveillance systems is the promotion of regular behavioural surveys in order to monitor trends in behaviours and target interventions.

#### Knowledge of HIV- related preventive practices

Prevention Indicator 1: Proportion of people citing at least two acceptable ways of protection from HIV infection.

Year Area Age Group Male Female All

Comments:

#### □ Reported non-regular sexual partnerships

Prevention Indicator 4: Proportion of sexually active people having at least one sex partner other than a regular partner in the last 12 months.

Year	Area	Age Group	Male	Female	All
1990	Urban	15-59			29.0
1990	Rural	15-59			16.0

Comments:

KABP/Behavioural Studies - GPA, 1992

#### □ Reported condom use in risk sex (gen pop)

Prevention Indicator 5: Proportion of people reporting the use of a condom during the most recent intercourse of risk.

Year Area Age Group Male Female All

Comments

Sources:

## Knowledge and behaviour

#### □ Ever use of condom

Percentage of people who ever used a condom.

Year	Area	Age Group	Male	Female	All	
1991	All	15-19		8.7		
1991	All	20-24		13.1		
1991	All	25-29		12.9		
1991	All	30-34		7.8		
1991	All	35-39		4.9		
1991	All	40-44		3.8		
1991	All	45-49		1.0		
1991	All	Total		8.8		

Comments:

Sources:

Demographic and Health Survey

## ☐ Median age at first sexual experience

DHS/1991

Median age of people at which they first had sexual intercourse.

	Year	Area	Age Group	Male	Female	All	
	1991	All	20-24		16.1		
	1991	All	45-49		15.7		
Comments:							

## ☐ Adolescent pregnancy

Percentage of teenagers 15-19 who are mothers or pregnant with their first child.

Year	Area	Age Group	Rate	N	
1991	All	15	189	15.5	
1991	All	16	187	23.5	
1991	All	17	168	33.2	
1991	All	18	224	47.4	
1991	All	19	150	57.3	

Comments:

Sources: DHS/1991

#### Proportion of people ever having had sex with same sex

 Year	Area	Age Group	Rate	N

Comments:

Sources:

## ☐ Reported non-regular sexual partnerships (MSM)

 Year	Area	Age Group	Rate	N

Comments:

Sources:

#### Sources

Data presented in this Epidemiological Fact Sheet come from several different sources, including global, regional and country reports, published documents and articles, posters and presentations at international conferences, and estimates produced by UNAIDS, WHO and other United Nations Agencies. This section contains a list of the more relevant sources used for the preparation of the Fact Sheet. Where available, it also lists selected national Web sites where additional information on HIV/AIDS and STI are presented and regularly updated. However, UNAIDS and WHO do not warrant that the information in these sites is complete and correct and shall not be liable whatsoever for any damages incurred as a result of their use.

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Websites: www.aids.africa.com

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## Annex: HIV Surveillance data by site

Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	199
Pregnant women	Major Urban Areas	Douala							1.1			4.7	5.7		4.5			
		Yaounde (1)					1.5	0.9	1.3	1.6		1.3	3	2.7	4.8			
		Yaounde (2)						0.2		2.1								
		Yaounde (3)						1.1										t
		Yaounde (4)						0.7										t
		Yaounde									1.7							t
		and/or																
		Douala (1)		ļ	ļ				ļ									<u> </u>
		Yaounde and/or									1							
		Douala (2)																
		Yaounde									1.9							
		and/or																
		Douala (3) Yaounde		<u> </u>	<u> </u>				<u> </u>		2.4							+
		and/or									2.4							
		Douala (4)																
Pregnant women	Outside Major	Bamenda						0.5	0.7	2.3	3.8	7.8	7.7	6.8	8.8			
	Urban Areas																	
		Bertoua		<u> </u>			ļ		<u> </u>	ļ	7.9		10.6	6	6.7	ļ		<u> </u>
		Garoua		ļ					ļ	2	2.3	3	3.2	3.4	3.3			
		Kumba						0.5		6.2	1.1							
		Limbe						1	1.1	4.7	2.5	4.1	2.9	7.8	11.2			
		Manyemen									2.9							
		Ngaoundere						0			1.3							
Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	19
Sex workers	Major Urban Areas	Douala				6	5.3				45.3	35		15.2				
		Yaounde					5.6				26.6	23	21.2	17.7				
Sex workers	Outside Major	Bamenda								9.8								
	Urban Areas			ļ	ļ				ļ									<u> </u>
		Edea			10					2.8								↓
		Ngaoundere		ļ	1.3				ļ									<u> </u>
		Nkongsamb			0.7													
Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	19
Injecting drug users	Major Urban Areas			<u> </u>	<u> </u>				<u> </u>									+
Injecting drug users	Outside Major Urban Areas																	
Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	19
STI patients	Major Urban Areas	Yaounde-1	1504	1303	1300	1307	1500	1303	2.4	1551	1552	5	1554	1555	1550	1557	1550	
STEPAUERIS	Wajor Orban Arcas	(Males)										_						
		Yaounde-2							10.9									Ī
		(Males)																<u> </u>
		Yaounde-1 (Females)							2.1									
		Yaounde-2							2.6									+
		(Females)																
		Yaounde									4.7		5.4		16			
STI Patients	Outside Major	Bamenda						3	1.3		8							
	Urban Areas			ļ	ļ				ļ									<u> </u>
		Kumba		ļ	ļ			1.2	ļ							ļ		Ц_
		Ebolowa		<u> </u>					<u> </u>						ļ	ļ		<u> </u>
		Douala		<u> </u>					<u> </u>		11.4				ļ	ļ		<u> </u>
		Garoua		<u> </u>					<u> </u>		9				ļ	ļ		<u> </u>
		Bafoussam		ļ					ļ		5.2							<u> </u>
		Kumba		ļ					ļ		4.3							<u> </u>
		Ngaoumdere		<u> </u>			ļ		<u> </u>	ļ	8.8				ļ	ļ		<u> </u>
		Banka											9					L
Group	Area		1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	19
Blood Donors	National			<u> </u>					<u> </u>									Ц_
	Major Urban Areas				<u> </u>		1		<u> </u>						ļ			<u> </u>
Blood Donors																		
Blood Donors Blood Donors	Outside Major Urban Areas																	